

Instructions for Use

Sterile Hydrophilic Foam Dressing

Foam

1. PRODUCT DESCRIPTION

Foam is a sterile, hydrophilic foam wound dressing that includes a polyurethane foam wound contact surface with high absorption capacity and a vapour permeable, water and bacteria resistant polyurethane film outer layer.

In the presence of exudate, Foam helps maintain a moist wound environment conducive to natural healing conditions.

2. INDICATIONS

Foam is indicated for the management of moderately to heavily exuding, partial to full thickness wounds, such as

- pressure ulcers
- venous and arterial leg ulcers
- diabetic foot ulcers
- first and second degree burns
- tracheostomy wounds

Foam may also be used as an aid for the prevention of skin breakdown.

3. CONTRAINDICATIONS/SAFETY INFORMATION

Foam is contraindicated for

- ulcers resulting from infections, such as tuberculosis, syphilis, deep fungal infections
- bites or third degree burns
- dry wound conditions

In case of infection with inflammatory signs (temperature, oedema, redness, pain), contact proper medical authority. Resume use of Foam when normal healing conditions are present again.

Do not use if pouch is damaged or opened.

Do not re-use. Re-use of single-use devices creates a potential risk to the patient or user. It may lead to contamination and/or impairment of functional capability. Contamination and/or limited functionality of the device may lead to injury, illness or death of the patient.

4. INFORMATION FOR USE

Foam is very simple to apply, requiring no special skills or equipment. The interval between dressing changes will depend entirely upon the state of the wound. On heavily exuding wounds, daily changes may be required at the beginning of treatment but this may be reduced to every 2 to 3 days for low exuding or epithelialising wounds.

4.1 Skin Preparation

- a) Cleanse the wound with sterile saline or Ringer solution and sterile swabs.
- b) Dry the skin surrounding the wound.

4.2 Dressing Application

- a) Select the appropriate Foam size that will completely cover the wound surface, ensuring a 2 to 3 cm margin beyond the edges of the wound. If necessary, several dressings can be overlapped to cover very large wound areas.
- b) Apply Foam with the foam side directly to the wound surface (shining polyurethane film outside) and fix it with an appropriate secondary dressing, e.g. a fixation or compression bandage.
- c) In case of venous leg ulcers, compression therapy may be used in conjunction with Foam treatment, when so directed by a physician.

4.3 Dressing Changes

Foam should be changed when the dressing is saturated with exudate (2 to 3 days on average). Dressing may be left in place up to 7 days when there is little exudate or changed every 24 hours when the amount of exudate is important.

Where leakage occurs the dressing should be changed immediately.

- a) Gently remove Foam
- b) Follow procedure 4.1 a) to 4.2 c) to apply a new dressing.

5. SPECIAL NOTES

The wound may initially appear to increase in size in the early stages of Foam treatment. This is normal and occurs as any wound debris is removed from the edges of the wound. This clears the way for healing.

In the management of moderately to heavily exuding wounds, Foam can only make the overlying environment more conducive to healing. There are cases where healing is impaired as a result of underlying conditions; in these instances, Foam alone may make little or no progress, and suitable treatment of the underlying conditions will be necessary as well. Therefore, if after 4-6 weeks of Foam treatment, there has been no improvement then, in line with

accepted wound management practice, the original diagnosis and overall therapy should be reassessed.

Foam should be left in place as long as possible in order to prevent trauma to the fragile newly formed tissue and to reduce cross contamination through frequent dressing changes.

Thick necroses should be removed before applying Foam.

6. STORAGE/ STERILISATION/ SYMBOLS ON LABELLING

Store dressings away from direct sunlight (☀) at ambient temperature and humidity (☂).



= Do not use if the pouch is damaged or opened.



7. PRESENTATION

Foam is available in the following sizes:

- 5 x 7 cm
- 10 x 10 cm
- 10 x 15 cm
- 10 x 20 cm
- 15 x 20 cm
- 15 x 15 cm
- 20 x 20 cm
- Tracheostomy Dressing



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